

SIERA Study Newsletter

SUMMER 2022



Study Updates

- This summer we met our SIERA recruitment goal of enrolling 165 participants!
- **What's next?** We will be continuing data collection this Fall to complete follow-up videoconferences. These follow-ups are very important to help us understand your health *over time*.
- **Additional opportunities:** For those of you with upcoming follow-up video conferences, we will be contacting you soon to invite you into our lab for an **optional in-person visit!** You will be compensated extra for this visit, which would involve a blood draw and similar tests of language, learning, memory and physical function that we've done over video conference, but these would be in-person.
- **Why the in-person visit?** Your participation in this additional in-person visit will help us ensure our methods of remote data collection are just as valid as in-person data collection. We will also measure aspects of your health we can only assess in-person.

**Are you interested and have an upcoming videoconference?
Call us at 412-624-2205**

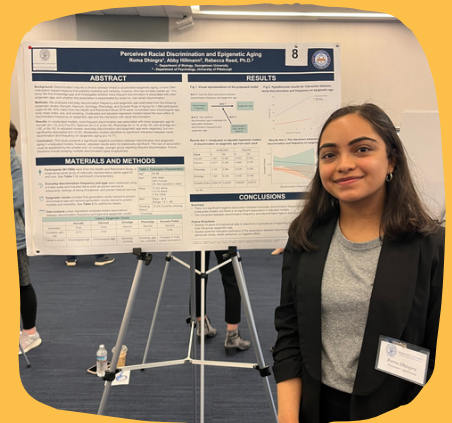
Lab News and Member Spotlight

We celebrated the end of the Spring semester and said goodbye to several of our undergraduate research assistants who graduated. Here are some of the highlights on where they're headed next:



- **Allison Camillo** is working as an Emergency Department Critical Care Technician and volunteering for a crisis hotline.
- **Sydni Canney** is a social media curator for Qnary and a publishing assistant for Freckled Media.
- **Luke Connor** is entering the medical device industry.
- **Alexis Genna** is beginning her Masters in Social Work at Simmons University in Boston.
- **Katie Holmes** is a Research Assistant at Cambridge Health Alliance in Boston researching risk factors for mental illness in youth.
- **Emily Schellinger** is a research technician at Charles River Laboratories.

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- In April 2022, **Roma Dhingra** presented a poster examining Discrimination and Biological Aging at the Georgetown Undergraduate Research Conference
 - Roma was awarded with the Rising Researcher Award, which is awarded to the underclassman with the best poster presentation. **Congratulations Roma!**



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- In September 2022, **Abby Hillmann** (2nd year graduate student), **Maegan Nation** (full-time research assistant for the SIERA Study) and **Dr. Reed** will be presenting at the International Society of Psychoneuroendocrinology in Chicago, IL. Check out their presentations here: <https://www.pniresearchlab.com/presentations>



Thank you for your participation!

Please visit our website, send us an email or give us a call if you have any questions. Thank you again for your involvement in the SIERA Study –you make this study possible!